



Practices for Testing Schools in Minnesota

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Please Program Name Here If Applicable

Indoor Air Quality (IAQ)

OK. Thanks, EPA and thanks Lou and Jani for the opportunity to share experiences from the great state of Minnesota. We'll move on to the next slide and try to be as brief as we can for brevity sake and perhaps have some question and answer at the end.

Radon Mitigation in Schools

- Condensing a multi-day training course into 60 minutes
- This session is not a substitute for formal radon mitigation training
- **Contact your State Radon Office:**
<http://www.epa.gov/radon/whereyoulive.html>
- Be aware of state specific radon regulations
 - Radon Measurement Professionals
 - Radon Mitigation Professionals
 - Radon Laboratories

Indoor Air Quality (IAQ)

This webinar is condensing many, many days' worth of radon training into roughly a 60-minute timeframe. We're not going to cover everything. We can't. We're not going to cover walkthroughs in schools. We're not going to go through the nuances of testing and mitigation, at least like the tricks of the trade so to speak. We're also not going to cover how schools can come up with their own radon specific radon plan other than to say every school should have a radon plan. And that also includes the communication part of that plan. Arguably the most important plan is the communication section.

It's not a substitute for a formal radon mitigation training either. It all starts with folks contacting the state radon office and if you don't know who that contact is, EPA has a webpage where you can find out where that is and that's posted on your screen right now.

Another word of warning, cautionary tale in many states is that some states do regulate the practice – the professional practice of radon testing, radon mitigation, and also radon laboratories. Next slide.

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OK, this section, we're going to go through our overview of the Minnesota Department of Health best practices for radon measurement in schools and commercial buildings. This is based on many techniques from the Tools for Schools campaign as well as introducing some of the tricks of the trade and lessons learned from our field experience. Next slide.

Overview of MDH best practices

- **Best Practices for Radon Measurement in Minnesota Schools and Commercial Buildings**

- Testing protocols
- Follow up testing

Best Practices for Radon Measurement in Minnesota Schools and Commercial Buildings



Indoor Environment & Radiation Section
Indoor Air Unit
PO Box 64973
St. Paul, MN 55164-0973

Phone: 651-201-4601 or 800-795-9050
Fax: 651-201-4600
TTY: 651-201-5797
www.health.state.mn.us/radon

March 2011

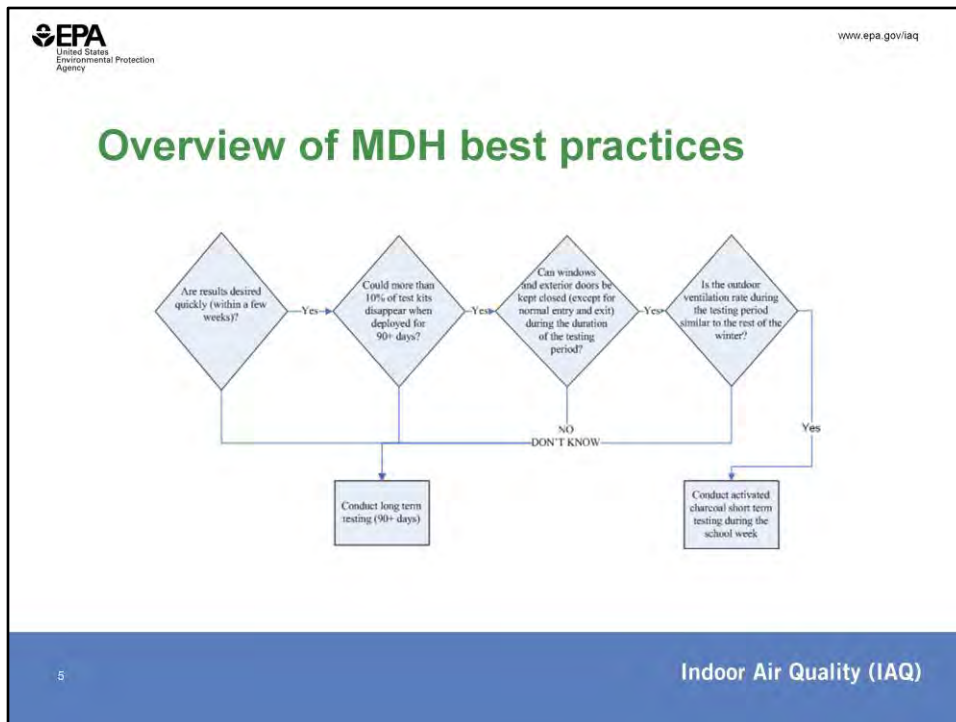
– **Available at:**

<http://www.health.state.mn.us/divs/eh/indoorair/schools/radonschool.html>

So, here's a cover picture, a picture of the cover page, and this document is available for free download at our website, and that's on the bottom. It goes through our testing protocols as well as the follow-up testing which Mr. Miller will discuss.

The testing protocols in short are – we're going to test for say, two to seven days, actually about two to five days, every regularly occupied room with ground contact in every school building. We're testing to find areas where high radon may be present and confirm them with follow-up tests.

Years ago, EPA has drawn a line in the sand and our magic number, if you will, of 4.0 picocuries per liter for radon. We're still using that logic today, but it's also key to note that the level of four is not a health-based standard. It's simply a line in the sand where we say at or above four, we're going to fix it. That level is also the same level we use in residential exposures. Next slide.

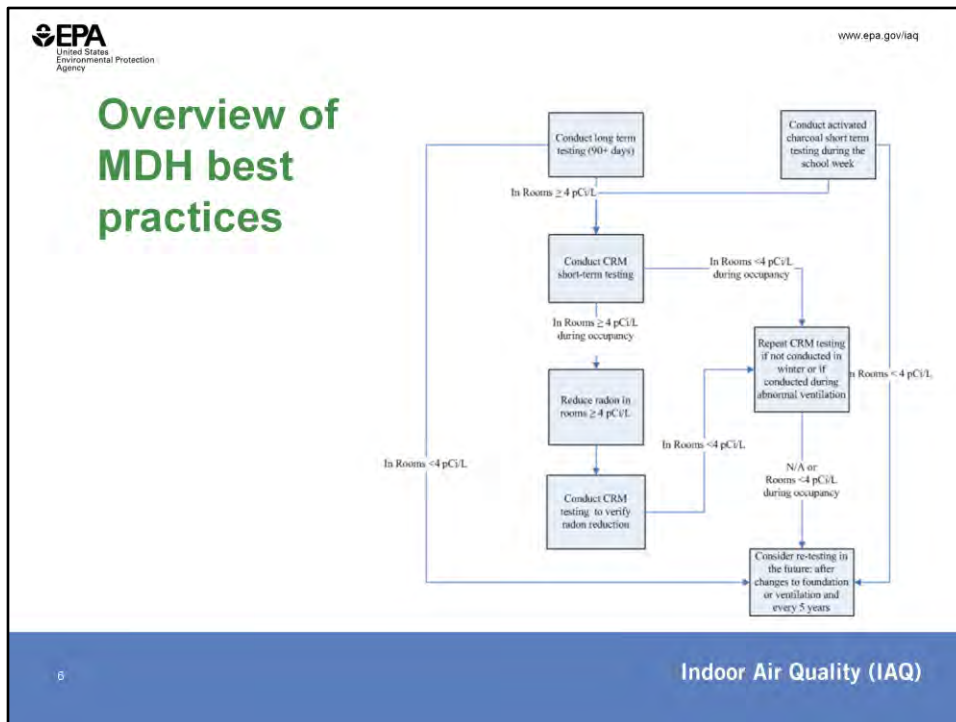


When you look at our best practices, you'll see a series of flow charts. This particular flow chart discusses what kind of radon testing we should start with. The chart on the left hand side, the question is, are your results desired quickly – usually within a few weeks. If the answer to that is yes, we continue to the right hand side of the chart and if it's no, we simply say, you can conduct a long-term radon test.

Personally, I'm a proponent of a short-term radon test which is the two to five-day test done in the heating season, and in Minnesota, we often can go from say, September to April as the heating season, or as little as December to February as our heating seasons. So, we try to do tests during that time period.

But in short, we want our results fairly quickly. We want few of our test results or, I'm sorry, our test devices to walk away whether they fall down, get knocked around, get stolen, thrown away, what have you. In the wintertime, we keep our doors and windows closed, which is the closed building conditions discussed on that third diamond. And finally, the outdoor ventilation rate during the testing period similar to the rest of the winter, and typically, that's going to be yes as well for us.

So, most of our schools are answering yes to those questions which points them to conducting activated charcoal short-term testing during the school week when the school is on occupied mode. Next slide.



This particular flow chart is kind of the bottom part of the one we just discussed where we're going to conduct our short-term radon test and based upon the results, we make a decision. If it's less than or greater than four, we consider retesting in the future after we make any changes to the foundation or ventilation of the school and every five years.

If the answer to the radon question— are they're elevated – is yes, then we conduct a different series of radon follow-up radon tests. Mr. Miller will actually go into that in a little bit more detail specifically continuous radon monitor results. Next slide please.

Overview of MDH best practices

- Best resource to start working with schools
- Reduces State Indoor Radon Grant (SIRG) staff time in working with schools
- Vested interest in helping schools
- Residential Data

Radon Levels in Weymouth Community—Zip Codes 01981, 01982, 01983

About 1/3 of the homes tested in the Weymouth School District community are above the US Environmental Protection Agency action level of 4 pCi/L. Most radon exposure occurs in the home. The data shown below are from the Massachusetts Department of Health Radon Database, through 6/30/05. Currently there are 12 radon measurement laboratories reporting their MN data to the MDH. The large majority of test results are from residences.

The data shown below are testing results for three zip codes and do not predict the radon level of any given house. Each house behaves differently with the soil below and that is the major determining factor of radon levels. The only way to know the radon level in a house is to test. All homes should be tested. Testing is easy and cheap. Test kits can be purchased for \$4.95 at www.msa-radon.com. For more information about radon in

Zip Code	Tested	Under Four pCi/L	Four to Six pCi/L	Over Six pCi/L
01981	100	400	600	400
01982	700	300	100	200
01983	1000	400	100	200
Total	1800	1100	800	800

These best practices really outline the process for schools and consultants to use in our state and likely in many other states. It uses less state indoor radon grant or radon grant funds or staff time and we have many staff that are partially funded and because we have this guidance out there, we're taking fewer upfront questions, which is a benefit to our program because then we can focus on other areas for radon outreach.

The schools have a vested interest in using this and we have a vested interest in helping schools because they are our number one partner trying to get to children. And we do also discuss in the best practices communication portion the residential radon data. This is a very key point to bring home. It's a way of controlling fear of the staff and parents when they're making a letter saying we're doing radon testing. They may not know what it is. They may be scared or have concerns, and a lot of that can be quelled to an extent with a communication plan upfront.

And also, when it comes to radon exposure, while children are at school a significant amount of the time, when you weigh it, as far as time per week or time per school year, children are only in the actual school building maybe 10 to 20 percent of the time. Whereas they're at home, depending on how you cut it, 60 to 90 percent of the time. So, really the risk to radon exposure is at home. And we would also urge any staff as well parents to test their own homes for radon.

And with that, we'll go to the next slide and I'm going to turn this over to

Joshua Miller to talk about continuous radon monitoring (CRM) following an initial round of radon tests where we have elevated results.



All right, I'll take you through what we do for CRM testing. We've very strong components of CRM testing as you can see from our flow charts for two major reasons.

First, it's cheap to implement and it's something that's easy enough for the school staff to do if they have a technical expert working with them. And in the long run, it can save a lot of money. You know to do a minor fix, it could be zero to a few thousand dollars to reduce radon levels in the rooms that came back high. Or if, they move in to an SSD system that can be costing, you know, \$20,000 to \$50,000 to fix the school. So, we want to make sure that we fully define the problem and understand it upfront.

As far as cheap to implement, we use one particular brand of CRMs that's made by Femto-Tech, Inc. They do do a monthly rental program and it's a \$150 a month to rent a monitor. So, even if the school doesn't have access to a radon program, they still could rent the monitors themselves.

I did look at the initial polling questions. We didn't really have anybody that has used CRMs and so I probably should briefly explain what a CRM is.

Essentially, it's an electronic device that takes radon measurements on an hourly basis so that we can see the variations and fluctuations so we can better understand the radon flow inside the school. Next slide.

Continuous Radon Monitor (CRM) Follow up Testing

School

- Send testing results to MDH

- MDH brief CRM training

- CRM Testing

- Implement MDH mitigation plan

1 MDH

- MDH to evaluate results and create CRM testing plan

2

- MDH brief CRM training

3

- Interpret results of CRM testing as it is completed

4

- Create mitigation plan, if needed.

Indoor Air Quality (IAQ)

To break it down into what I'm going to talk about essentially, four main steps. The first step is to gather everything that we need to evaluate in the original testing plan that was done. This is important because we want to make sure that the tests were done rights, that they are valid tests, and we have a good idea moving forward of what the problem might be.

We do a brief CRM training. I'll take you through that. It only takes about a minute to understand how to use our devices. And then once the testing gets rolling, essentially, they send us the results and we start interpreting them, and then we can create a mitigation plan if needed from there. Next slide.

CRM Follow up Testing

Initial Testing Review

- Collecting and Organizing data

Building	Room	Room Type	Test	Sample Location	Sampling Date	Measurement Unit	Concentration	Range
Station Lake Elementary	101	Classroom	Radon	TS	10/1/02	230000	0.1/0.001	0.5
Station Lake Elementary	102	Classroom	Radon	TS	10/1/02	230000	0.1/0.001	0.5
Station Lake Elementary	103	Classroom	Radon	TS	10/1/02	230000	0.1/0.001	0.5
Station Lake Elementary	104	Classroom	Radon	TS	10/1/02	230000	0.1/0.001	0.5
Station Lake Elementary	105	Classroom	Radon	TS	10/1/02	230000	0.1/0.001	0.5
Station Lake Elementary	106	Classroom	Radon	TS	10/1/02	230000	0.1/0.001	0.5
Station Lake Elementary	107	Classroom	Radon	TS	10/1/02	230000	0.1/0.001	0.5
Station Lake Elementary	108	Classroom	Radon	TS	10/1/02	230000	0.1/0.001	0.5
Station Lake Elementary	109	Classroom	Radon	TS	10/1/02	230000	0.1/0.001	0.5
Station Lake Elementary	110	Classroom	Radon	TS	10/1/02	230000	0.1/0.001	0.5
Station Lake Elementary	111	Classroom	Radon	TS	10/1/02	230000	0.1/0.001	0.5
Station Lake Elementary	112	Classroom	Radon	TS	10/1/02	230000	0.1/0.001	0.5
Station Lake Elementary	113	Classroom	Radon	TS	10/1/02	230000	0.1/0.001	0.5
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So, on all of my slides, there'll be a little blue number up on the right corner that just corresponds back with the four steps that outlined originally, and this step really is the most important part especially for me in the radon program since I haven't been out to the schools. I didn't do the original testing. I'm trying to play catch up, and it's really helpful if I have building floor plans so that I can, you know, start writing on the floor plans to lay out all the testing. I might be able to start finding some trends or some problem areas in the building, so that I can kind of coach people from the sidelines.

The basic questions that I'm asking myself or the school to get all the data is: were all the room tested? If they weren't, why weren't they? Maybe we do need to do some more initial testing before we move on to follow-up. What kind of test was conducted? Was it a short-term test or was it a long-term test? There are very big differences in the amount of time that they look at, and if the building has really high levels on the evenings or on weekends that can really distort the ending radon level on long-term kits.

I look at how many rooms actually need follow-up testing. Mainly, that's to find out is the CRM a good option? Do we need to do short-term tests or do we have to come up with some better testing protocol to make sure that we get all of our testing done within the window that we have? So, next slide.

CRM Follow up Testing

- Two rooms tested per week
 - Mon. morning – Wed. noon
 - Wed. noon – Mon. morning
 - Tunnel and Crawlspace (optional)

Testing Location A:

Start Test Monday AM:

1. Turn Key to RUN (screen is Blank)
2. Press PRINT button (screen shows, "pCi/L, "Hg, F") (If screen shows, "Bq/M", kPa, C" press I/O button)
3. Press PRINT button (screen shows, "current date")
4. Press BOTH buttons together and release (screen shows, "SELF TEST ACTIVE" for 30sec., then "TEST STARTED")
5. Test is now running place monitor in testing location

Testing Location B:

Start Test Wednesday noon:

1. Turn Key to RUN (screen is Blank)
2. Press PRINT button (screen shows, "pCi/L, "Hg, F") (If screen shows, "Bq/M", kPa, C" press I/O button)
3. Press PRINT button (screen shows, "current date")
4. Press BOTH buttons together and release (screen shows, "SELF TEST ACTIVE" for 30sec., then "TEST STARTED")
5. Test is now running place monitor in testing location

So, this is our proposed plan. Generally, as we do two rooms per week, then we set up a schedule based on that and we go from Monday morning to Wednesday afternoon. And on Wednesday afternoon, the monitor gets moved and it's just there until the next Monday morning.

We need a minimum of 48 hours of radon testing data to be a valid test in any given location. So, this allows us to have that 48 hours and it also gives us the chance to see weekend events and how the building's actually operating over the weekend, which can be very valuable when we get to the next stage of actually creating the mitigation plan.

And then the tunnel and crawls spaces, really that's kind of usually a follow-up test just so we can start tracking down where the radon might be coming from. Next slide.

CRM Follow up Testing

- Femto-Tech CRM's

Testing Location A:

Start Test Monday AM:

1. Turn Key to RUN
(screen is Blank)
2. Press PRINT button
(screen shows, "pCi/L "Hg, F")
(if screen shows, "Bq/M", kPa, C" press I/O button)
3. Press PRINT button
(screen shows, "current date")
4. Press BOTH buttons together and release
(screen shows, "SELF TEST ACTIVE" for 30sec, then "TEST STARTED")
5. Test is now running place monitor in testing location

Stop Test Wednesday noon:

1. To stop test, Turn key to Off and push either button
(screen shows, "test ended I")
2. Attach printer cable to monitor and printer
3. Turn printer ON
4. Turn key to I/O
5. Press PRINT button
(screen shows, "run time" in min)
6. Press PRINT button
(screen shows, "pCi/L "Hg, F")
(if screen shows, "Bq/M", kPa, C" press I/O button)
7. Press PRINT button
(screen shows, "TABLE")
If screen shows, "GRAPH" or "REVIEW DATA", press I/O button until "TABLE" is shown)
8. Press "PRINT" button
(screen shows, "Use All Data")
(if screen shows, "Skip 1" 12hrs", press I/O button)
9. Press PRINT button
(report prints)
10. Write Location of test on printed report in the I/O section
11. Turn key to OFF
12. Turn printer OFF

So, this is essentially what we handoff to the school with our CRMs. We use the Femto-Tech, Inc. brand. There are a lot of other brands out there. So, I'm just kind of going through Femto-Tech, Inc. because that's what we have. So, essentially you know it's only five steps to get the test running and to leave it there.

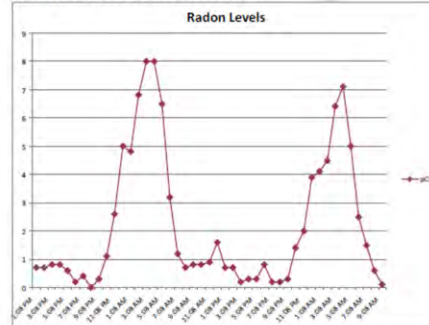
The test also does have tamper devices built in it. So, if it gets moved, it will actually register on the printout that the monitor was moved. So, we can correlate if the teacher moved it, did it just get bumped, and the corresponding radon change from that – maybe from the bump, may not be from the bump, but it's valuable to know.

And then it's just a short twelve step process to print in out. Once it's printed out, generally the school will either collect them all at the end, email or fax them to us, or if they're really interested, they may do it every time that they test. Next slide.

CRM Follow up Testing

- CRM results sent to MDH for review

Figure 4. Radon Levels in a Classroom over 44 Hours



Note on Graph:
Measurements were made in a student nutrition classroom (aka "home-ec") using a Ferno-tech CRM. A year prior, a 10-month test showed radon levels of 5.0 pCi/L. The results shown in the graph were from testing conducted in February.

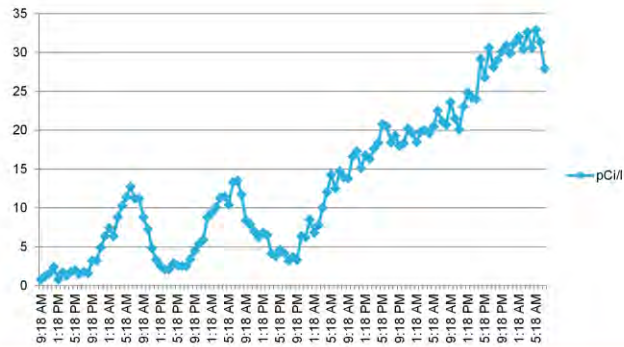
And once you get that data back – this is what we're looking at. These are hourly radon data points. In this particular slide, you can see the air handlers being turned on during the day. Then, they're turned off in the evening and the radon spikes. And then they're eventually turned back on again the next morning.

So, generally, what we're looking for here is just that the occupied hours. What is the radon concentration? Because if the radon level is high at night but it's low during all occupied hours, it's not necessarily giving a large exposure risk. But then, we do have to deal with things like, are there going to be after school events? What do the air handlers do then? Are there weekend events? Is this weekend an issue? So, next slide.

CRM Follow up Testing

- Weekend and Daily spikes

Radon Levels in Custodial Office Lower Level Edison Bldg.



Indoor Air Quality (IAQ)

So, here's an example of two daily spikes and then a big ramp up for the weekend. This weekend ramp ups can be really problematic. As you could see, it has a fairly steady decline on a daily basis. But when you add that same decline onto a full weekend ramp up, it could take actually almost all of Monday for the radon levels to come back down. So, that could be a potential concern. Next slide.

CRM Follow up Testing

- Source identification

Radon Levels in Tunnel Lower Level
Edison Bldg.



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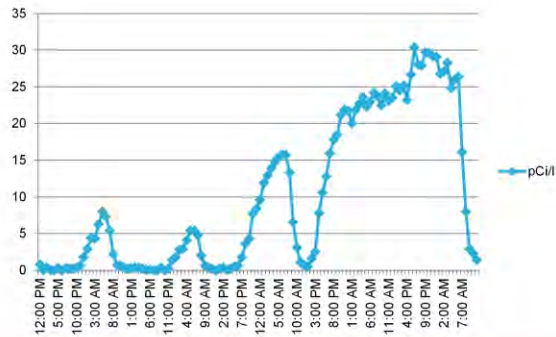
Indoor Air Quality (IAQ)

And the scale changed on this one, so you could see that we just kind of, we tossed it in the tunnel to understand what is the tunnel's relationship to the rest of the radon levels in the classrooms that were over the top of it? You can kind of see some connection between the air handlers dipping and then this was also run over a weekend. But just a note here that the concentrations in the tunnel were 70, where there were only nine in the classroom. So, next slide.

CRM Follow up Testing

- Be aware of weekend events

Radon Levels in Room #109 Lower Level Northrop Bldg.



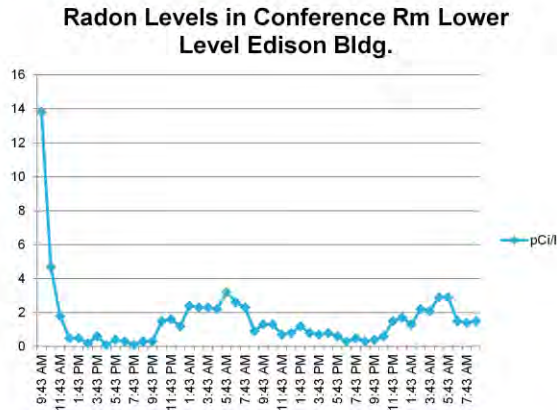
16

Indoor Air Quality (IAQ)

And beware of weekend events that can be throwing off some of your data. You can see two daily spikes going into a weekend ramp up and there is a Saturday basketball game. Good to know that they ran the air handlers for the event. The radon did come down for the basketball game but then it went back up. Next slide.

CRM Follow up Testing

- Remember where your monitor has been.



And we also have to remember where the monitor's been. So, it's easy enough to figure out for me because it gives me the days and time when our monitor was running and then there's a place where the school fills in the location. But this actually came out of one of the crawl spaces we are working on and then it got moved into another classroom.

It essentially can take, you know, up to four hours for the radon monitor to equilibrate with the rest of the radon in the room. So, that can actually really distort your test. And those are the things that we're looking to throw out and redo the average for the radon results. Next slide.

Practices for Testing Schools in Minnesota

USING CRM DATA TO MAKE HVAC MODIFICATIONS

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Indoor Air Quality (IAQ)

All right, that's pretty much what we do with the CRM. Now, we're going to kind of go through quickly how I tweak the HVAC systems and then we'll do another set of CRM tests after that. But once the problem's fully defined, it's pretty easy to figure out how to tweak the ventilation. The ventilation's only going to work in schools that have univents or forced air furnaces, or rooftop HVAC units.

So, there's going to be a good chunk of schools that have boiler rooms and tunnels and things like that. We have to move to source control and make our own mechanical ventilation. Next slide.

CRM data to make HVAC modifications

- Change ventilation timing
- Increase ventilation rate
- Control sources (tunnels, crawlspaces, storage areas, etc.)

So, I'd briefly touched on these. These are the three things that we want to look at. Do we need to change the ventilation timing to make sure that the radon levels come down in time, like the weekend event? Do we need to increase the ventilation rate to the room to actually pressurize the room to push the radon out? Or do we actually have to bring in more outside air? And if we have a strong source, can we just control the source and then ignore the ventilation completely?

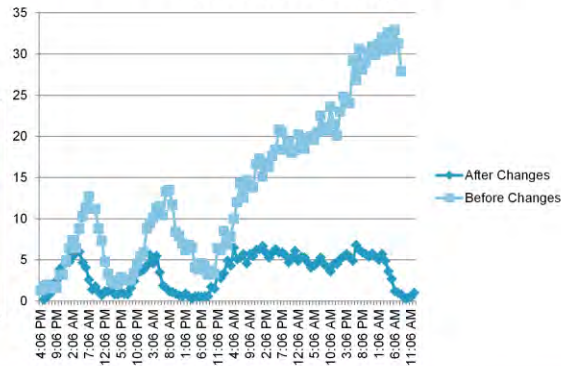
It kind of goes from minor changes at the top to major changes at the bottom, and obviously, they're going to be – even though there are cheaper changes to do HVAC, the long-term operating costs can be a lot higher. So, that's something else the school has to weigh in their decision on how they want to mitigate radon. Next slide.

CRM data to make HVAC modifications

- Change ventilation timing



Radon Levels in Custodial Office Lower Level Edison Bldg.



So, a lot of our schools fortunately that have rooftop air handlers have these fancy programs that run and control all of the timing and everything else. So, these schools are great to work on for us, and they make great examples because we could just go login to the system, tweak the timing of it, and essentially lower the radon level.

So, what we ended up doing in this case is for a short period, around midnight, the air handler would kick on for an hour which kept the daily spikes down, and then it would cycle on and off for a two to four hour period throughout the whole weekend so that there was no major ramp up. So, that Monday morning, when it kicked on full blast again, the radon levels came way down. Next slide.

CRM data to make HVAC modifications

- Increase Ventilation Rate



Room	Initial	CRM	After (20% outdoor air)
100	8.6	7.6	3.4
102	10.2	7.7	3.5
104	11.9	11.9	3.2
106	7.4	8.6	2.8
108	5.1	4.3	3.9
110	4.8	5.4	2.4
112	13.1	11.2	3.1
114	12.2	10.3	2.9
116	10.9	11.2	3.8
118	8.3	7.7	3.7

univent

And a lot of our time, this is essentially what we're doing during our walkthroughs. We're looking for broken equipment. Are the outside air dampers open- that left picture? Or the inside air dampers open, that's the right picture? A lot of times, we find that one's either stuck or broken and it causes some general indoor air quality issues.

As you can see, this whole building actually was high. It was high with the initial. It was also high with the CRM. Then we actually just fixed the damper that was broken to run it back to the 20 percent after air that it was supposed to be at. And it actually fixed the school, which was great because this school actually used dirt tunnels as their supply ducts for all of the rooms. So, we actually thought it was going to be quite difficult to fix the radon problem, but it's amazing how much just a little bit of outdoor air actually does. Next slide.

CRM data to make HVAC modifications

- Track CO2 levels (if needed)
- Along with occupancy rates

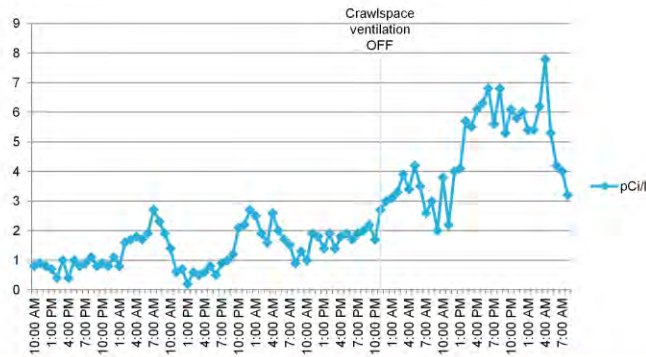


But we had to justify to the school that, you know, ramping their ventilation back up to where it used to be was actually in their best interest. With shrinking school budgets, they didn't want to increase their heating and cooling costs. So, actually we went through with a CO2 monitor and logged all of the radon data along with CO2 levels and the occupancy rates of the rooms. And we basically showed them that they have a very widespread indoor air quality issue. So, the school actually was willing to increase their ventilation rates. So, next slide.

CRM data to make HVAC modifications

- Control sources

**Radon Levels in Room #04/07 Cafeteria
Lower Level Jefferson Elem.**



Indoor Air Quality (IAQ)

Here's a brief example of controlling sources. There's one of our schools that the whole cafeteria area was on top of a crawl space. The crawl space actually came back in the 50 or 60 range pretty consistently. So, we actually just took a \$150 fan, put it in the crawl space and just put it on a timer so that it would kick on and off. And as you can see, it actually kept the radon levels low during the week. But then when we did turn it off for the weekend, it started to ramp up again. So, it is a viable way to create your own mechanical ventilation. So, those are the kind of the quick and easy ways to take systems that are already there, tweak them a little, maybe boost them up a little to reduce radon levels. But if those don't work, then we're going to have to move into active soil depressurization. Next slide.

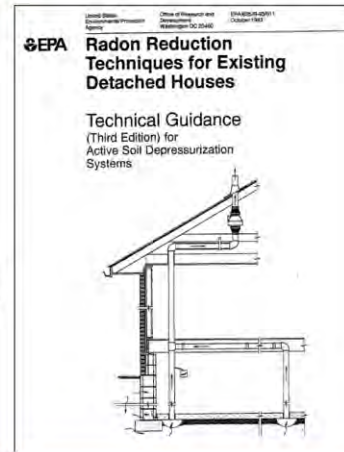
Radon Mitigation in Schools

ACTIVE SOIL DEPRESSURIZATION

All right. This is Josh Kerber again. I'll be handling a lot of the active soil depressurization section. Next slide.

Active Soil Depressurization

- Alter pressure differences
 - Achieved by Active Soil Depressurization (ASD):
 - Sub-slab depressurization
 - Drain tile depressurization
 - Sump pit depressurization
 - Sub-membrane depressurization
- Reversing pressure flow from soil into building



When we use the term radon mitigation, it really means reducing radon in structures but, by and large, when we talk about mitigation in homes, it's what's called active soil depressurization. On the right hand side, you see a screenshot of EPA's technical guidance for radon mitigation in homes. So, we wanted to make you aware that there is some guidance out there for homes. In fact, there are standards in many states, standards for certification bodies, participants to follow.

The key driver is you need to know that your building may suck or your building may blow. Schools and commercial buildings often time blow, which is our way of saying that they're possibly pressurized in relation to the soil. But some schools suck, and in Minnesota many homes suck, which means they're running negative to the soil which means their pulling soil gasses in, which is how the radon is entering the building.

This is residential guidance that you see on the right, but the principles really are the same. And there are future standards for schools that are in the works. There as you see is a bolded list of different types of depressurization systems. These are all types of active soil depressurization. Some slab depressurization in our area is the most common. As we get further south, where we may find more crawl spaces under homes or buildings, sub-membrane depressurization may start to become more common. But the idea here is that we need to reverse the pressure flow from the soil into the building. Next slide.

Active Soil Depressurization

- Professional level activity
- Permanently installed system
- Creates constant negative pressure under slab(s)
 - PVC pipe and fittings
 - Routed through roof or to exterior
 - In-line fan
 - Located outside of occupied spaces
- Designed to achieve maximum radon reduction
- Applied only to the areas that need it

Active soil depressurization is really a professional level activity. A lot more goes into it than just what's in the presentation. It's a permanently installed system which means it needs to be operated and maintained like any other permanent part of the building. These are building-specific designed radon mitigation systems, and they need to be designed to take care of the problem and not much bigger. They're only as large as you need them to be. The idea is that we're going to create a constant negative pressure under the slab or slabs with PVC vent pipes running through the roof, typically, otherwise through the exterior of the house where there's an inline fan attached and that fan is located outside the occupied spaces. Typically for schools, in our experience, it's been on the roof.

That's a design that means to achieve maximum radon reduction continuously, this isn't something that you turn on and off typically. This is something that you leave on, and is applied only to the areas of the school that need it. There's no sense in trying to fix a problem that doesn't exist. Next slide.

How to Mitigate?

- It all starts with diagnostics



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Indoor Air Quality (IAQ)

So, how does this active soil depressurization work? Well, the principle of it starts with what we call diagnostics. On the left hand side of your screen, you see a small port in the upper left hand corner along with the vacuum cleaner hose that's attached to a one to two inch hole through the concrete floor. On the right hand side is a digital micromanometer. It's a digital device that measures pressure differences between one area to another. In this case, we're measuring the pressure difference achieved between the sub-slab area and the room itself. So, when we turn that vacuum cleaner on, we should be sucking air from underneath the bed of the floor and we should be able to measure that, then with the micromanometer on the right hand side.

It measures in either pascals or inches of water column. For this PowerPoint, pascal is the unit we're going to be using. The diagnostics tell us where the air is moving under the slab, if there's any sub-slab areas that may be connected to one another. For instance is there a void space underneath a shared common wall for instance. It also tells us so much negative pressure can be achieved from one point to another. And it allows us to determine the pressure field extension.

Pressure field extension is a fancy term for determining how much influence or airflow and pressure we have underneath a concrete floor. Next slide.

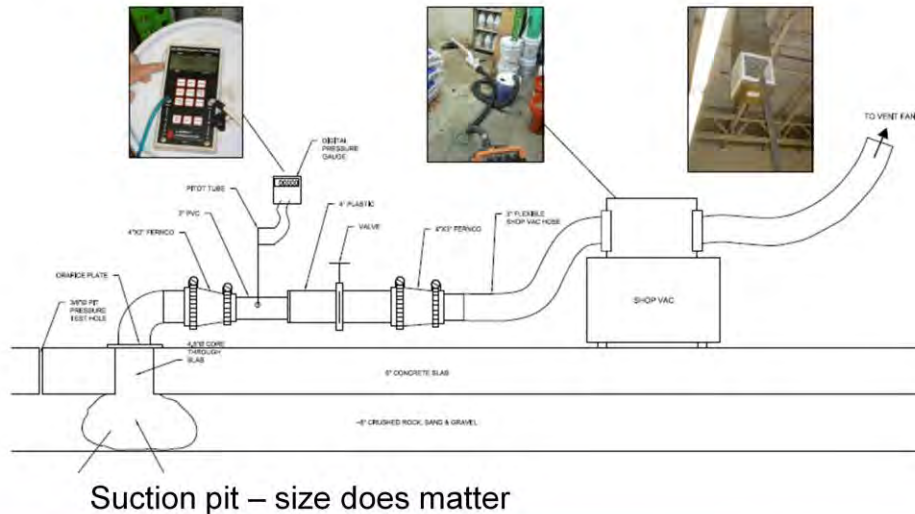
Sub Slab Diagnostics

- Allows for:
 - Locating suction pit locations
 - Selecting appropriate sized pipe
 - Selecting the right fan
 - High Flow
 - High Suction
- If diagnostics is not conducted, you are merely poking and hoping for success

So, diagnostics allow us to locate our suction points. Select the appropriate size pipe as well as the appropriate size fan, and is that fan going to be a high airflow or a high suction fan? Well, you won't know walking into the school until you do diagnostics on exactly what kind of fan you're going to need.

If you don't conduct diagnostics, you're merely poking a hole in the concrete floor and hoping for success. It's not recommended obviously. Going back, a high flow fan would be necessary in areas where we have, say, porous soils. Clean gravel fill is one example of an area where we're going to be looking for high flows – for a high flow radon fan.

Conversely, high suction fans could be used in areas where we have tight soils such as clay or wet sand. Next slide please.

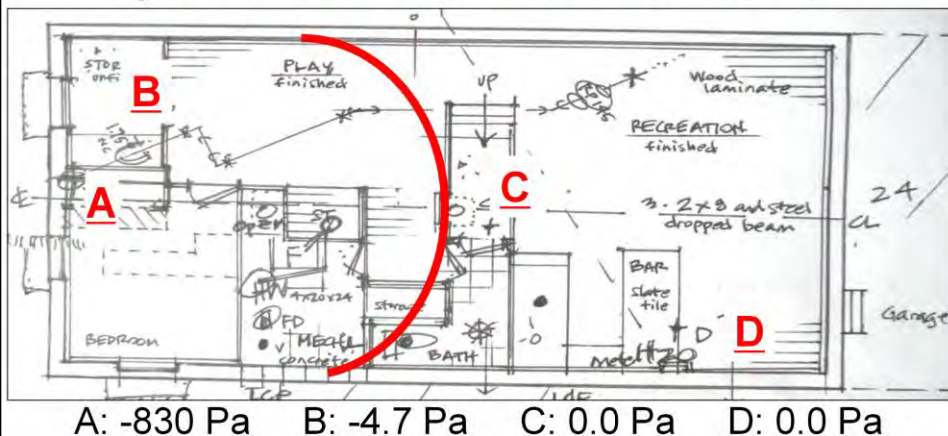


This is a diagram of a more sophisticated diagnostic setup, but it gets the point across. So, on the left hand side, you'll see kind of a balloon thing in the lower left. That's our suction point dug out underneath the basement floor. So, in this case, I believe we have a four or a six inch concrete slab and on top of that, we have a series of pipes and hoses connected to each other – connected to a shopvac, that's either vented to a vent fan blowing out of the building or vented to the outdoors which would likely be a better idea.

When we turn on that shopvac, we're now sucking air from underneath the basement floor. We can then through diagnostic test points, which is the one on the far, far left, we can measure the pressure change between the room and the soil below. In this particular setup, we can actually determine airflow as well – airflow going through the system that helps us determine – I should back up. The amount of airflow going through the system, compared to the pressure we're achieving, allows us to figure out what size fan and what size pipes could be used for this particular part.

The point on the bottom in there is the suction pit. The size really does matter. And here's a series of slides coming up to illustrate that point. Next slide.

Importance of Suction Pit Size – No Pit



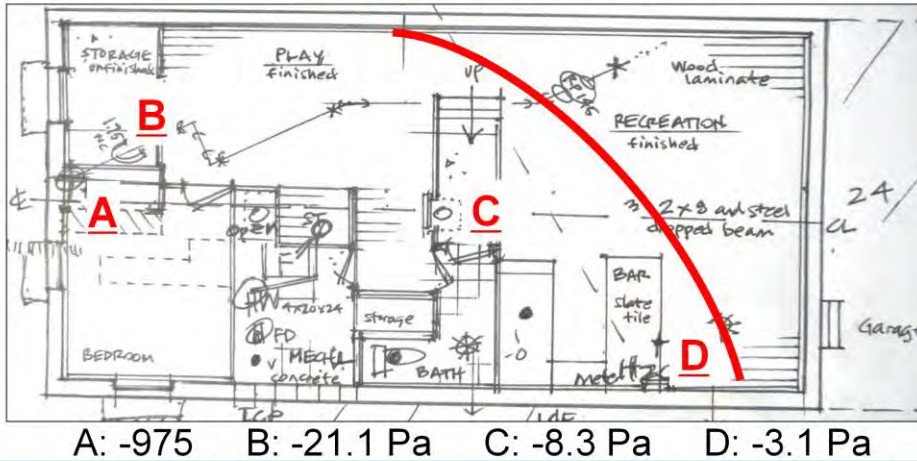
30

Indoor Air Quality (IAQ)

This is a residential picture. It's just a house with a rectangular basement, but the principles here are all the same. So, on Point A on the far left, we drilled a hole through the floor and we put our vacuum wand in there and we turn on the vacuum to achieve negative pressure under the floor.

That half-moon red line indicates how far our pressure field extension got without any suction pit dug. The amount of pascals is measured or shown at the bottom. We achieved pressure field extension to Point B which is not terribly far away from our suction point at A. And notice we only got maybe a third to half of the foundation covered. We saw no change in pressure at C and no change in pressure at D.

Importance of Suction Pit Size – 5 Gal Pit

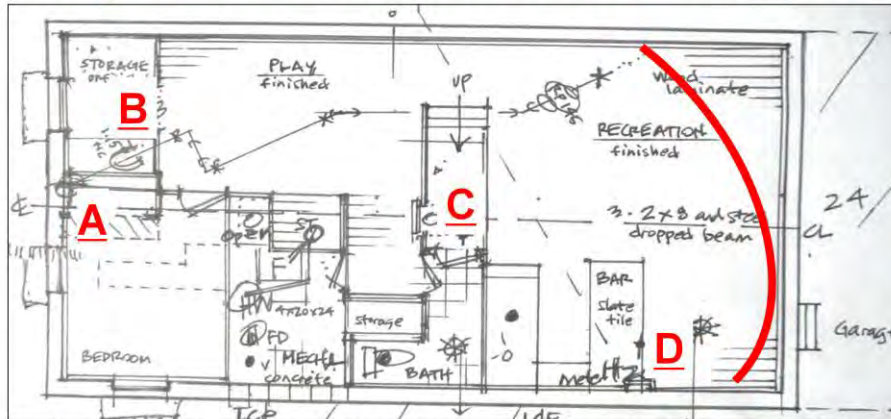


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Indoor Air Quality (IAQ)

However, when we dig a bigger pit on the next slide, we see that we're simply taking off five gallons of fill, we achieve better pressure field extension. We tripled, if not better, our pressure field to B. We extended to C and we even got a little bit of a wiggle of pressure way far away, about 30 feet away at Point D.

Importance of Suction Pit Size – 10 Gal Pit



A: -992 Pa B: -33.3 Pa C: -13.6 Pa D: -6.0 Pa

Indoor Air Quality (IAQ)

If we then dig an even bigger pit, double the size of the pit on the next slide, we show that we now have basically the entire basement foundation incorporated from one suction point. We now doubled essentially the pressure field or the pressure difference in all three of the different diagnostic test point areas.

So, the larger you can dig a pit, the better pressure field extension will be achieved. This can ultimately lead to fewer suction points and fewer vent stacks running through your building. Next slide.

Sealing – Not a Standalone Technique

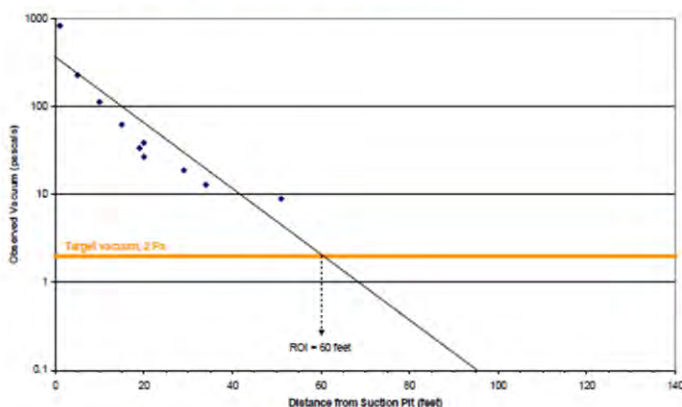


33

Indoor Air Quality (IAQ)

One note on sealing. There's a common misnomer out there that if you have cracks and holes in your floors in the foundations where you have contact with the soil, you can simply seal it and the radon can no longer enter. Time and time again, that's been proven to be untrue. Sealing is not a stand-alone technique. But sealing in conjunction with an active soil depressurization will give you better pressure field extension, and a much more effective radon mitigation system. Next slide please.

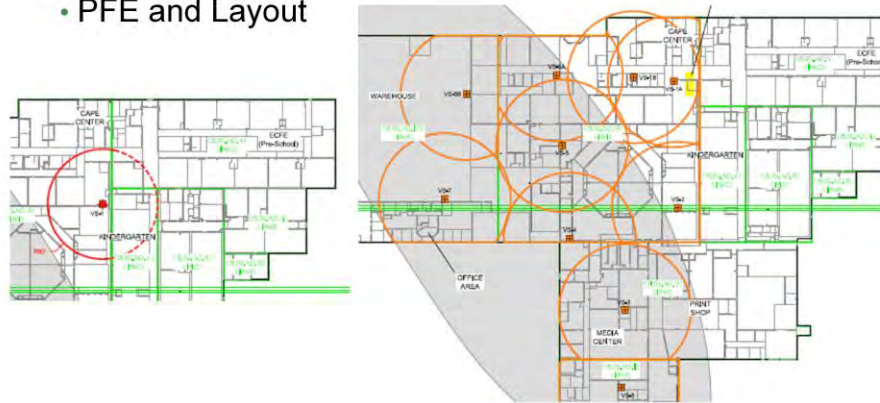
Sub Slab Depressurization



This is simply a log chart showing the relationship between distance from a suction point and the observed pressure variation in pascals. When you map it out in this particular case, the targeted vacuum pressure that we needed was two pascals in the school building, and that's pretty uniform for many of the schools we go into. If we can suck more than two pascals to our radon systems at the far corners of our pressure field, we should achieve good radon reduction. So we needed to map out our two Pascal pressure field map. Next slide.

Sub Slab Depressurization

- PFE and Layout



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Indoor Air Quality (IAQ)

This is a little bit of confusing so let me explain it upfront. On the left hand side, you have a map of an entire school. The left hand picture should really be on the far right. So, you have kind of this T-shaped school. But it doesn't come to play too much in this. The shaded area is actually where there was a vapor intrusion issue, but in this example, I'm going to use that grey shaded area as highlighting the areas where the radon levels have been high in classrooms. So, we need to mitigate the areas that are shaded.

So, notice we don't have any radius or radii in the non-shaded areas solely. We went in and mapped the floor doing our pressure field extension and determined where we're going to put our suction point locations to take care of the soil gas that's underneath the building. Again, we're only going to put these where we need them. Next slide please.

Sub Slab Depressurization



VENT STACK #14 - CARPENTER'S ROOM

VACUUM EXCAVATION WORK AT VENT STACK #14



VENT STACK #5 AFTER ADDITIONAL SUB-SLAB BASE MATERIAL REMOVED

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Indoor Air Quality (IAQ)

Here are some photos from the field and what can be expected and kind of some of the steps in the process. In the far left picture on the top is a cord-suction point. That's actually a 12-inch hole. You can kind of make it out where we're going to put one of our radon suction points. And then the next picture is a vent riser that's running up through the roof.

The three pictures on the upper right are actually a photo of the process of a gentleman excavating or digging the suction point with a pump truck which is, in my opinion, a little excessive. But I guess if you have the tools, you might as well use them. You can also dig these by hand with just a shovel or some other hand tools. That's often what we do at homes. It's just a little shovel – a garden shovel and some scrapers.

On the lower left, you see a vent pipe going into an oversized suction point so we can actually dig a suction pit better. And then finally, the far right picture on the bottom is a picture of a U-tube. It's the final system pressure gauge. It's important to note that this is not a radon gauge, this is a pressure gauge. Next slide.

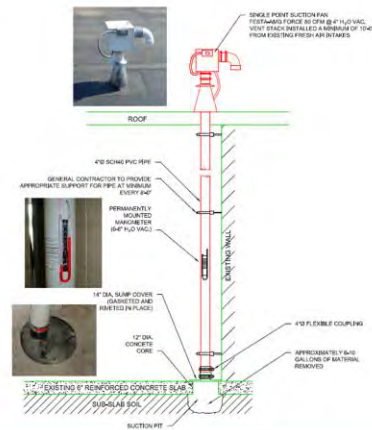
Sub Slab Depressurization



VENT STACK #13 - KINDERGARTEN ROOM



VENT STACK #17 - CUSTODIAL CLOSET



Indoor Air Quality (IAQ)

On the upper left hand corner, you see a view port for a hidden system. It's a radon system that's actually installed inside a wall cavity, so as to keep it out of sight. And then there's the U-tube manometer in there, and that's just the pressure gauge that school staff needs to keep an eye on just to make sure that the fan is operating.

When the systems are installed right, they're going to be quiet and they're going to be out of the way. So, if you're not looking for a radon system, you may not find it. So, if you don't hear a fan running, you can at least look at this U-shaped gauge to determine whether or not the fan is operating.

On the bottom is a finished suction point as well as the finished U-tube manometer reading. And also note that the U-tube pressure gauge is going to be different for every different radon system that we install because every system is actually unique to its building.

On the far right is one consultant schematic for a radon mitigation system, pretty straightforward. You have the suction pit at the bottom, you have a vent riser running up through the roof which is attached to a fan. Next slide.

Radon Mitigation in Schools Photos



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Indoor Air Quality (IAQ)

A couple of other examples, on the far upper left is a digital pressure gauge. This is more of a true gauge. This will give you a hard number. It's called the magnehelic manometer. Someone could just keep an eye on it periodically. The second picture in the lower left actually shows a roof penetration and multiple suction points being tied together into one roof penetration. So, just because we have, say, six suction points, doesn't mean we have six radon fans. We may have two fans. We may have four fans. We may have one fan. The middle photo is simply a radon fan toward the bottom there. It's kind of an egg-shaped bulge in the discharge. And then a condensation bypass on the top. And the fourth, this one on the final right, is just your typical six inch vent riser or an eight inch vent riser that's running through the finished floor and then up into a draft ceiling prior to it being boxed in with some final construction. Next slide.

Sub Slab Depressurization

- Electrical Install



SUB-SLAB VENT SYSTEM FAN SWITCH



SUB-SLAB VENT SYSTEM FANS THROUGHOUT PORTION OF BUILDING

These systems do need an electrical disconnect for future servicing. Unfortunately, the fan at some point will fail, as all other mechanical systems do. Most fans in radon – radon fans I should say, you're going to have a ten to 12 year life on most of them. And then, in that bottom picture on the far right, you see exhaust and to the left of that exhaust, it's actually this particular vent system's fan. So, there's really not a whole lot of the system to see when you're on the roof. Next slide.

System Documentation

- 1.) Any building permits required by local codes.
- 2.) Copies of the Building Investigation Summary and floor plan sketch.
- 3.) Pre-and post-mitigation radon test data.
- 4.) Copies of contracts and warranties.
- 5.) A description of the mitigation system installed and its basic operating principles.
- 6.) A description of any deviations from the RMS or State requirements.

OK, once all is said and done, and these series of pipes and fans are connected and turned on, and we've done some follow-up radon testing, again, we're only going to test the areas that are of real concern, you're going to get a system documentation package from your contractor. And it's going to have to include all of this stuff. And I'm not going to read it all to you, but the short of it is, permits and maps, the pre-mitigation and post-mitigation radon test results, a description of how the system is used. Next slide.

System Documentation - Continued

- 7.) A description of the proper operating procedures of any mechanical or electrical systems installed, including manufacturer's operation and maintenance instructions and warranties.
- 8.) A list of appropriate actions for clients to take if the system failure warning device indicates system degradation or failure.
- 9.) The name, telephone number, and Certification or License # of the contractor, and the phone number of the state radon office.

A description of how the procedures and electrical systems are used, any appropriate actions that the school should take if the system does fail. Usually, this includes calling the contractor or in our case, the State Radon Program because it's easier to get a hold of us. And then finally, the name and the number of the contractor as well as either the certification or the license number of the contractor, as well as the phone number for the state radon office. Next slide please.

Next Steps

- Create and follow school specific radon plan
 - Maintain ventilation to reduce radon during occupied times
 - Verify periodically - quarterly
 - Re-test every two years after mitigation
 - Keep copies of radon tests
 - Communicate with all interested parties

So, the next steps are to create follow-up school specific radon plans. It's much easier said than done, and we're not going to get into it in this discussion. But the school folks are going to need to maintain the ventilation to reduce radon during occupied times. And this varies periodically. Personally, I'd like to see it kind of maintained or at least observed quarterly, but the instant you put someone in the classroom and it's just a little too cold because it's getting too much ventilation, and that school staff, say, puts a cardboard pizza box in one of the returns to block the airflow, well, now your entire system is kind of messed up. So, you need to evaluate that on a periodic basis. If you do radon mitigation, whether it's ventilation control or sub-slab depressurization, the requirements – or I should say recommendation is to retest for radon every two years. Keep copies of your radon test results and communicate pretty much throughout the entire process with all interested parties. No one likes to be kept in the dark about what's going on. And when we run into issues with very worried parents or staff, we find that just educating them on radon is, the health effects, and the fact it's a long-term health concern and we're dealing with it now, that usually eases most if not all of their concerns. Next slide. Thank you.

Summary

- **Contact your State Radon Office:**
<http://www.epa.gov/radon/whereyoulive.html>
- Be aware of state specific radon regulations
 - Radon Measurement Professionals
 - Radon Mitigation Professionals
 - Radon Laboratories
- Radon levels can be reduced in schools in different ways
- Create and follow a school specific radon plan

So, in summary, radon testing mitigation in schools really starts with a phone call to your state radon office. You can find it there at that website. You do need to be aware of state specific laws and regulations regarding radon. Radon can be reduced in schools in a few different ways, and create and follow a school specific radon plan. That is redundant. That is redundant for a reason.

Keep in mind that any reduction measures are only as good as the maintenance of those reduction measures. One big, big opponent of radon in schools is deferred maintenance. If we can stop deferred maintenance, we can stop a lot of radon problems in schools. Next slide.

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Here's our two contact infos. If you get a hold of us at the Minnesota Department of Health, and just ask for Josh, either one of us can really answer your questions but emails are probably the best way to get a hold of either one of us.

So, with that, we will turn it back to EPA.